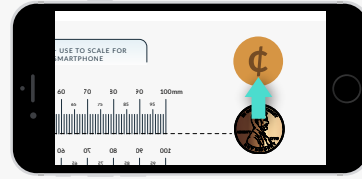
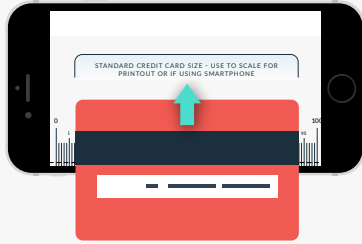
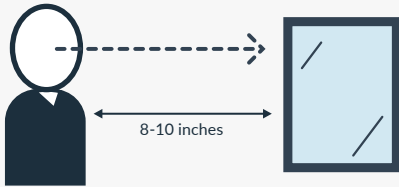


1



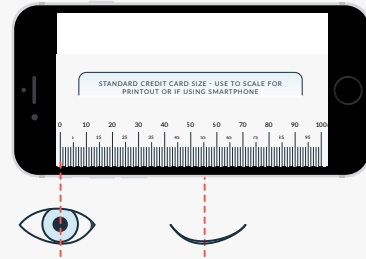
Use the credit card outline or the penny outline to scale the mm ruler correctly.

2



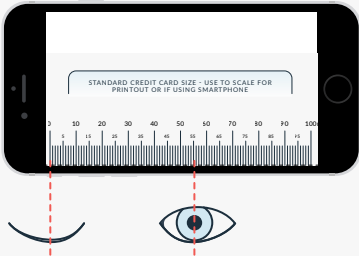
Stand **8-10 inches** away from a mirror, looking straight ahead with the ruler parallel above your eyes (Use reversed ruler if using a mirror by yourself).

3



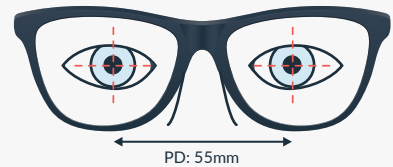
Line up the zero (0) on the ruler with the **center of your right pupil**. Close your left eye to ensure that the ruler is lined up perfectly with the center of your right pupil.

4



With the zero now centered with your right pupil, close your right eye and open your left to see where the center of your left pupil aligns on the ruler.

5

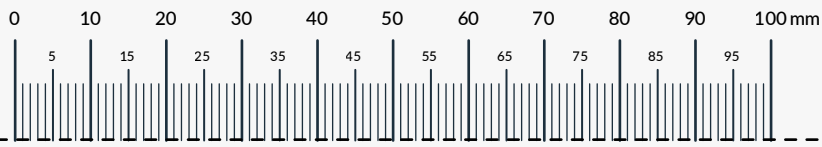


That measured distance is your PD measurement! **Repeat these steps a few times** to ensure you have measured as accurately as possible.

STANDARD CREDIT CARD SIZE - USE TO SCALE FOR PRINTOUT OR IF USING SMARTPHONE



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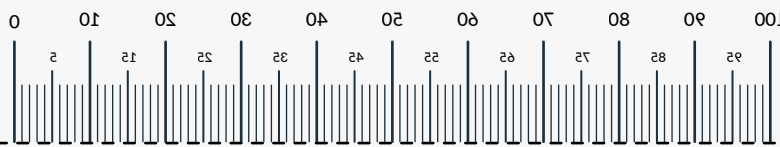
Align With Bottom Of Screen

Use this side with a friend

Align With Bottom Of Screen

Align With Bottom Of Screen

Use this side with mirror



Align With Bottom Of Screen

EyewearGenius.com